

Ann Nyokabi



Changing lives stitch by stitch

Kenana Knitters

Ann a primary school teacher by profession came to Kenana Knitters in 1998, she came looking for work that would enable her to care for her growing family. She had left work with the government after suffering serious depression for over 10 years.

In 2000 Ann suffered a stroke, due to acute depression and stress brought on by divorce, joblessness and family pressure. For the next four years Ann was unable to work. In 2004 Kenana Knitters started a Homeopathic Wellness Clinic and Ann was one of the first patients. Through Homeopathic intervention, Ann was able to recover and rebuild her life.

Today Ann is a fully productive knitter who easily takes on new pattern challenges. Through Kenana she has managed to buy a property and build a permanent house . Her children are now grown up and two of her daughters have also joined Kenana Knitters.

Ann is a mother of five (5) children and has eight (8) grandchildren.

I encourage my fellow knitters to continue working hard and making Kenana stronger. Kenana helps the women and their children in very many ways.

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